
Anthony Rose, Ph.D.

Curriculum Vitae

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ACADEMIC HISTORY and ACHIEVEMENTS

Ph.D., Brigham Young University (BYU), Provo, Utah, United States of America

- + Doctor of Philosophy in Counseling Psychology (*APA-Accredited*) (Sept. 2017 – Aug. 2023)
- + Dissertation: *Mental Health and Religious Beliefs About Salvation: Associations and Structural Equation Modeling* (2022)
- + Chair: Timothy B. Smith, Ph.D. + Religious Endeavors Research Award, \$5,000 (2020)
- + Fulton Endowment Scholarship, \$5,000 (2021) + 3.98 GPA
- + APA-accredited internship: University of Idaho Counseling & Mental Health Center

B.A., University of Prince Edward Island, Charlottetown, Prince Edward Island, Canada

- + Bachelor of the Arts, Psychology, Minor: Religious Studies (Sept. 2010 – May 2015)
- + Honours Thesis: *The Lost Legacy of Josiah Royce and its Implications on American Psychology* (2015), Supervised by: Scott Greer, Ph.D.
- + Dean's Honour List (2013, 2014) + Academic Excellence Award, \$2,000 (2014)
- + 3.89 GPA (2010 – 2015) (verified by the International Education Research Foundation)

PROFESSIONAL EXPERIENCE

Calvin University, Department of Psychology, Grand Rapids, MI (Aug. 2023 – present)

- + Full-time Faculty, Lecturer
- + Courses Taught: Intro Psychology, Abnormal Psychology

University of Idaho, Counseling & Mental Health Center, Moscow (Aug. 2022 – Aug. 2023)

- + APA-accredited, full-time Predoctoral Internship in Health Service Psychology
- + Individual, Couples, Group, and Crisis counseling and assessment with college students
- + Experience with: anxiety, depression, adjustment to college, family concerns, sexual concerns, religious & spiritual concerns, substance abuse (alcohol, cannabis), trauma, interpersonal dysfunction, multicultural concerns, motivation issues, international students, perfectionism, dissociation, panic attacks, academic accommodations, financial issues, bipolar disorder, suicide risk assessment, social anxiety, sleep issues, outreach tabling/screenings, learning disorder, ADHD, autism spectrum disorder, testing/scoring/administration (WAIS-IV, WJ-IV, ACS, IVA-AE2, SRS-2, Brown EF/A), personality assessment (MMPI-III), writing reports
- + Outreach Liaison to the Native American Student Center (NASC) on campus

Alliance Behavioral Psychology, Spanish Fork, Utah (May 2020 – July 2022)

- + Individual and Couples therapy and assessment with adults (18-65+) and adolescents (12-17)
- + Experience with: depression, anxiety, substance use disorder, bipolar 1 disorder, schizophrenia, post-traumatic stress disorder, sleep disorders, borderline personality disorder, panic attacks, suicide risk assessment, spiritual concerns, marital distress/divorce, disability, bulimia, sexual trauma/abuse, antisocial personality disorder, family dysfunction, multicultural concerns, binge eating, financial stress, autism spectrum disorder, oppositional defiant disorder, telehealth, ADHD, IVA-2, CAARS, WAIS-IV, MCMI, MMPI, R-PAS administration/scoring, FAA pilot mental health evaluations, surgery evaluations, integrated report-writing
- + Supervisor Bradley L. Edgington, Ph.D., emphasis: cognitive behavioral, client-centered

Bridges Psychotherapy Solutions, Lehi, Utah (April 2020 – Feb. 2022)

- + Individual and Couples therapy with adults (ages 18-40+) and adolescents (ages 11-17)
- + Experience with: depression, anxiety, suicidal ideation, religious/spiritual/existential concerns, trauma, dependent personality disorder, panic attacks, career/academic concerns, eating disorders (emetophobia), dating concerns, family distress, financial concerns, multicultural issues, ADHD, college planning, obsessive compulsive disorder, perfectionism, teletherapy
- + Supervisor: Kristin L. Hansen, Ph.D., emphasis: psychodynamic, emotionally-focused

BYU - Teaching Practicum, Effective Study and Learning (May 2019 – July 2019)

- + Helping design the course, lecturing, and grading assignments
- + Co-teaching with Martin Erickson, Ph.D.

Brigham Young University, Counseling & Psychological Services (Sept. 2018 – April 2020)

- + Individual, Couples, Group, and Crisis counseling with religious college students
- + Experience with: anxiety, depression, trauma, suicidal ideation, test anxiety, career concerns, international students, TBI, dating/relationship concerns, borderline personality disorder, obsessive-compulsive disorder, insomnia/sleep issues, eating disorders, social anxiety, perfectionism, religious/spiritual distress, sexual assault, sexual concerns, multicultural concerns, routine outcome monitoring assessment (OQ-45, CCAPS), career assessment, housing concerns, academic accommodations, Rorschach, report-writing, ADHD assessment
- + Supervisor: Adam Fisher, Ph.D., emphasis: emotionally-focused, integrative
- + Co-leading a General Process Group with Louise Wheeler, Ph.D. (Jan – April 2020)

PUBLICATIONS and PRESENTATIONS

- + **Rose, A. E. & Smith, T. B.** (2020, August). *The Cognitive Dimension of Religion and Spirituality: Review and Future Directions* [Virtual poster presentation for Division 36 (Society for the Psychology of Religion and Spirituality)]. American Psychological Association 2020 Convention, online.
- + **Rose, A. E.** (2020, August). *Jung's Archetypes and the Judeo-Christian "Image of God": Comparison and Implications* [Virtual poster presentation for Division 39 (Society for Psychoanalysis and Psychoanalytic Psychology)]. APA 2020 Convention, online.
- + **Rose, A. E. & Murray, P.** (2019). Phenomenology and Family Therapy. In Lebow, J.L., Chambers, A.L., & Breunlin, D.C. (Eds.), *Encyclopedia of Couple and Family Therapy* (pp. 2207–2209). Springer International Publishing.
https://doi.org/10.1007/978-3-319-15877-8_949-1
- + Goetz, J., Abegg, D., Johnson, T., Ellis, C., **Rose, A. E.**, Smith, T. B. (2019, March). *An Exploration of Relational Identity and its Relationship to Non-monogamy and Infidelity* [Poster presentation]. Mentored Research Conference, Provo, Utah, United States.
- + **Rose, A. E. & Richards, P. S.** (2018, September). *Therapist Session Checklist: A Routine Process Monitoring Measure* [Panel presentation]. North American Society for Psychotherapy Research Conference, Snowbird, Utah, United States.

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- + **Rose, A. E.** (2018, August). *What Are Health Care Professionals' and Clients' Attitudes Toward Spiritually Integrated Therapy?* [Symposium presentation]. APA Convention 2018, San Francisco, California, United States.
 - + **Rose, A. E., Richards, P. S., & Sanders, P. W.** (2018, August). *Spirituality in Routine Outcome Monitoring: The Bridges Assessment System.* [Poster presentation for Division 36 (Society for the Psychology of Religion and Spirituality)]. APA Convention 2018, San Francisco, California, United States.

PROFESSIONAL DEVELOPMENT

Soul Psychology Workshop (Jan. 2023 – March 2023)

- + Online, interactive Archetypal/Jungian psychology workshop, hosted by Thomas Moore, Ph.D.

R-PAS: An In-Depth Adult Case Interpretation (June 2020)

- + Online R-PAS Workshop, hosted by Joni L. Mihura, Ph.D. and Philip Keddy, Ph.D.

Exploring the Science and Application of Compassion Focused Therapy (Sept. 2019)

- + 2-Day CFT Workshop, hosted by Paul Gilbert, Ph.D., in Provo, Utah

Rorschach Performance Assessment System: Overview and Case Illustration (Sept. 2019)

- + R-PAS Workshop, hosted by Gregory J. Meyer, Ph.D., in Denver, Colorado

APA Student Advocacy Team – Washington, D.C. (June 2019)

- + Advocacy visit to Capitol Hill regarding the *Public Service Loan Forgiveness* program
- + Meetings with staffers of UT Sen. Mitt Romney, Sen. Mike Lee, and Rep. John Curtis

VOLUNTEER EXPERIENCE

President, Cross-Seekers Christian Fellowship Club – BYU (Jan. 2019 – Sept. 2021)

- + Providing support and resources for religious minority students on campus
- + Hosting club meetings and theological discussions for all Protestant/Evangelical students

Campus Ambassador, American Psychological Association – BYU (Sept. 2017 – Sept. 2018)

- + Keeping Counseling Psychology department up-to-date on APA advocacy efforts and research
- + Hosting multiple CampusCONNECT webinar events, presented by scholars and practitioners

Hillsborough Hospital, Prince Edward Island, Canada (Feb. 2016 – June 2017)

- + Leading, assisting with, and participating in on-site church services for inpatient population
- + Engaging patients with schizophrenia, depression, addiction, and suicidality
- + Arranging activities, such as playing Guitar, and word-memory games with dementia patients

THEORETICAL PERSPECTIVES AND RESEARCH INTERESTS

- + Humanistic + Existential + Psychodynamic + History of Psychology + Religion/Spirituality

ADDITIONAL INTERESTS

- + Classic Film + Literature + Professional Wrestling + Travel + Philosophy